

Week 4 21st March - 31st March, 2022

Health Education.

April 2022

Week 1 Health Hazards - Air, water, soil & Noise Pollution.

Week 2 Health & Hygiene

Week 3 Water

Week 4 First Aid

May 2022

Week 1 Infection & Disinfection

Week 2 Immunity

Week 3 Malaria

Week 4 Dysentery, cholera & Typhoid.

June 2022

Week 1 Chicken Pox, Measles & Mumps

Week 2 T.B, Diphtheria, Leprosy & Tetanus

Week 3 Transmission of Heat

Week 4. Thermometers & Evaporation.

BA IV Sem.
Home Science.

Lesson Plan

Session: 2021-22
Dr. Renuka Malik

March 2022 (21st-31st March)

Week 4. Animal Cell, Mitosis & Meiosis

April 2022

Week 1 Human skeleton & Joints

Week 2 The Digestive System

Week 3 Glands & Circulatory System

Week 4. Functions of Heart.

May 2022

Week 1 Cardiac Cycle

Week 2 Excretory System

Week 3 Lungs

Week 4. Reproductive System.

June 2022

Week 1 Fertilization

Week 2 Endocrine System

Week 3 Parathyroid Glands

Week 4, Adrenal Glands.

March 2022 (21st - 31st March)

week 4. Introduction to child psychology

April 2022

- week 1 Learning - Importance & methods.
- week 2 Role of reward & punishment in learning
- week 3 Personality development
- week 4 Play -> Def., Types & Importance.

May 2022

- week 1 Stages of Development of child
- week 2 Expectant Mother & signs of pregnancy
- week 3 Discomforts of pregnancy
- week 4 Effects of an early marriage.

June 2022

- week 1 Breast feeding
- week 2 Cold, Cough & Fever
- week 3 Digestive disturbances - Diarrhoea, Constipation
- week 4. Skin infection.