

Format For Lesson Plans

Lesson Plans

Class: B.A-II (IV sem)

Teacher's Name: Dr. Rishi Gahlawat

Subject: PSYCHOLOGY

Week 1	Human Development - Introduction / concept / meaning / Def. Importance & Utility of Development Psychology.
Week 2	Difference b/w Growth & Development, Difference b/w Child Dev. & Child Psychology. Principle of Human Development - Biological
Week 3	Social & Cultural Factors, Problems & Discussion. Practical - Cognitive Development, Class Test.
Week 4	Pre-natal Development - meaning / Def. / Stages / Determinants of Prenatal development. Infancy - meaning / Characteristics
Week 5	Hazards, Practical - Self Esteem Inventory. Childhood - Introduction, Characteristics, Needs, Perceptual development, Difference b/w Perceptual & Sensation.
Week 6	Characteristics & Dimensions, Factors affecting Perceptual dev., Class Test. Problems & Discussion. Motor dev. - meaning / Importance. Emotional dev.
Week 7	Cognitive dev., Adolescents - meaning / Characteristics, Problems of Adolescence, Nature of Education in adolescence. Practical -
Week 8	Factors Influencing adjustment during adolescents. Problem & Discussion. Practical Study of Values
Week 9	Adulthood - meaning / Characteristics / Stages. Early adulthood - meaning / Characteristics / Problems. Late adulthood - meaning / Definition / Problems
Week 10	Factors Influencing adjustment during Ageing, Theories of Ageing, Problem & Discussions, Practical Self Concept
Week 11	Statistics - meaning / Definition of Variability, Quartile Deviation, Standard Deviation, Practical - Youth Problem Inventory
Week 12	Standard Deviation - Practice, Class Test, Revision. Practicals - revision

Rishi
23/01/23

(Dr. Rishi Gahlawat)