

## LESSON PLAN

**Name of the Teacher: Dr. Renuka Malik**

**Class: BA VI semester (16.01.2023-16.05.2023)**

**Subject: Home Science (Child Psychology and Mother craft)**

<b>Week</b>	<b>Topic</b>
1.	Definition, aims, subjects, matter, objective of studying child psychology.
2.	Learning: --- <ul style="list-style-type: none"><li>• What is learning, importance of learning.</li><li>• Methods of learning.</li><li>• Factors affecting learning.</li><li>• Role of reward and punishment in learning.</li></ul>
3.	Personality development: -- Nature of personality, Definitions, Types of personality factors affecting the development of personality,
4.	Play: -- Definition, features of play, Difference between work and play, Types of play, importance of play in childhood.
5.	Stages of the development of the child, characteristics and problems of Adolescence, role of parents and teachers in solving their problems.
6.	The Expectant mother: -- <ul style="list-style-type: none"><li>• Signs of pregnancy</li></ul>
7.	Discomforts of pregnancy Effects of an early marriage
8.	(a) Breast feeding, (b) artificial feeding (c) Weaving
9.	Common ailments of childhood: --- <ul style="list-style-type: none"><li>• Cold, cough, fever.</li></ul>
10.	Digestive disturbances- Diarrhoea, Constipation and Vomiting.
11.	Skin infections.
12.	<b>Revision</b>

**Note: Holi Break (05.03.2023-12.03.2023)**

  
Dr. Renuka Malik