

LESSON PLAN (SESSION - 2022 - 2023)  
CLASS → B.A. 1st (2nd Sem)  
SUBJECT → PSYCHOLOGY

Dr. Shashi Bhardwaj

WEEK-1	Introduction of Attention Meaning and Definition of Attention
WEEK-2	Characteristics of Attention, Types of Attention. Discussion About Attention. Class Test.
WEEK-3	Concept of Psychophysics, Meaning and Nature of Psychophysics. Discussion about problem of Psychophysics. ① Practical → Span of Attention.
WEEK-4	Methods of Psychophysics. Explained the student's problem. Told student's about Learning. Assignment, Class Test
WEEK-5	Meaning and definition of Learning. Factor's affecting Learning. Trial & Error Theory of Thorndike.
WEEK-6	Insight Theory, Pavlov Theory, Skinner Theory of Learning. Revised Theory. Class Test ② Practical - STM
WEEK-7	Problems of Learning, Definition & Nature of Memory. Stages of Memory. Assignment ③ Practical - Problem Solving
WEEK-8	Describe STM & LTM, Explained about Method of Study Memory, Class Test. ④ Practical - LTM
WEEK-9	Meaning of Forgetting, Factor's affecting of Forgetting, Meaning of Mnemonics and describe various Mnemonics. Meaning of Problem Solving. ⑤ Practical - Serial Position Effect.
WEEK-10	Stages of Problem Solving, Meaning and types of Thinking. Explained the student's problem. ⑥ Practical - Maze Learning
WEEK-11	Meaning of Statistics. Describe Frequency Distribution, Graphical presentation of data & Measures of Central tendencies. Practical -
WEEK-12	Class Test, Revision

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